

C.V.

STEPHEN EPP, OCCUPATIONAL THERAPIST MCISc OT, BHKin, CCLCP, CVRP, & CWCE/CFCE

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FORMAL EDUCATION

MCISc OT **Master of Clinical Science in Occupational Therapy (2002)**
University of Western Ontario

BHKin **Bachelor of Human Kinetics in Exercise Science (1999)**
University of British Columbia

CLINICAL CERTIFICATIONS

- **Canadian Certified Life Care Planner (CCLCP)**, International Commission on Health Care Cert.
- **Certified Vocational Rehabilitation Professional (CVRP)**, College of Vocational Rehabilitation Professionals
- **Certified Work Capacity Evaluator (CWCE)**: Matheson
- **Certified Functional Capacity Evaluator (CFCE)**: Level 1 and 2 Certified, JTECH Medical, Functional Capacity Evaluation Certification Program, Matheson
- **Progressive Goal Attainment Program (PGAP)**: Certified in delivering PGAP behavioral activation and activity monitoring program for cognitive, physical, and mental health work hardening and return to work support services
- **Cognitive Demands Analysis (CDA)**: Certified to complete vocational evaluation of cognitive and psychosocial/mental health demands of work
- **Assessment of Motor and Process Skills (AMPS)**: Certified for functional assessment of cognitive and physical abilities to complete activities of daily living
- **Changeways Core Treatment Certified**: Certified to provide cognitive behavioral education for depression and anxiety symptoms
- **Critical Incident Stress Management Certified (CISM)**: Certified to provided education following traumatic incidents

AWARDS

- Awarded **“2018 Outstanding Occupational Therapist in British Columbia”** by the Canadian Association of Occupational Therapists – British Columbia Branch

PROFESSIONAL MEMBERSHIPS

- College of Occupational Therapists of British Columbia
- Canadian Association of Occupational Therapists
- College of Vocational Rehabilitation Professionals
- International Association of Rehabilitation Professionals

POSITIONS HELD

- 2017 – Present **Turning Point Rehabilitation Consulting, Inc., North Vancouver, B.C**
Occupational Therapist
- Provide functional capacity evaluation, vocational evaluation, cost of future care assessment, vocational rehabilitation, case management, hospital discharge transitional support services, and community-based rehabilitation.
- 2020 – Present **Re:Function Health Group Inc, Vancouver, B.C**
Occupational Therapist
- Provide functional capacity evaluation, community occupational therapy, and return to work support services.
- 2017 – 2018 **Gastown Vocational Services, Vancouver Coastal Health (VCH), Vancouver, B.C**
Occupational Therapist
- Provide vocational evaluation, case management and vocational rehabilitation for complex clients with mental health and substance use issues.
- 2012 – 2017 **Professional Practice, VCH, Vancouver, B.C**
Occupational Therapy Practice Coordinator
- Provide clinical consultation, training, and coordination to 70 Occupational Therapists, develop clinical practice guidelines, and implement quality improvement initiatives.
- 2012 – Present **College of Occupational Therapists of British Columbia, Victoria, BC**
Health Professions Complaint Investigator
- Complete investigations and reports related to health professions complaints.
- 2012 – Present **Douglas College, New Westminster, BC**
Instructor – Practitioner Competencies in Psychosocial Rehabilitation
- Teach psychosocial assessment, care planning, and rehabilitation interventions related to rehabilitation services for people with mental health and addictions.
- 2012 – Present **UBC Dep. of Occupational Science and Occupational Therapy, Vancouver, BC**
Clinical Assistant Professor
- Teach Psychosocial Rehabilitation and Trauma-Informed Practice.
- 2007 – Present **Self-Employed Consultant and Educator**
- Teach and provide consultation related to Psychosocial Rehabilitation, Trauma-Informed Practice, and Vocational Rehabilitation

2003 – 2012 **Strathcona Mental Health and Substance Use Team, VCH, Vancouver, BC
Occupational Therapist and Program Coordinator**

Provide assessment, client care coordination, psychosocial rehabilitation program coordination, and vocational rehabilitation for complex clients living in the Downtown Eastside Area of Vancouver.

2002 - 2003 **Ravensong Mental Health and Substance Use Team, VCH, Vancouver, BC
Occupational Therapist**

Provide assessment, care coordination, psychosocial rehabilitation, and vocational rehabilitation for adults and seniors with mental health, substance use, and physical health issues.

PUBLICATIONS

Richardson, L. and Epp, S. (2016). "Substance Use Disorders, Employment and the Return to Work." In I.S. Schultz, and R. J. Satchel, (eds.), *Handbook of Return to Work: From Research to Practice*, vol. 1 in *Handbooks in Health, Work and Disability*. New York: Springer. 667 – 692.

Epp, S. (2013). "Recovery – It's Broader than Health Care." *Visions – Recovery*, vol. 9, 1. Available online at <http://www.heretohelp.bc.ca/visions/recovery-vol9>.

CONTINUING EDUCATION AND TRAINING

- 2021 PTSD 101: Prolonged Exposure Therapy – Veterans Health Administration
- 2021 Transferrable Skills and Employability Analysis - Vocational Rehabilitation Association of Canada
- 2021 Vocational Evaluation and Assessment - Vocational Rehabilitation Association of Canada
- 2021 Occupational Information Assessment - Vocational Rehabilitation Association of Canada
- 2021 Vocational Evaluation Foundations – Vocational Rehabilitation Association of Canada
- 2020 EPIC Lift Capacity Program – Matheson (Certification in process)
- 2020 Cognitive Functional Capacity Evaluation Certificate – Matheson
- 2020 Ergonomic Evaluation Program Certificate – Matheson
- 2020 Montreal Cognitive Assessment (MoCA) Certification - MoCA
- 2019 Functional Capacity Evaluation (FCE) Level 2 Certification – JTEC Medical
- 2019 The Functional Capacity Evaluation Certification Program - Matheson
- 2019 Functional Capacity Evaluation (FCE) Level 1 Certification – JTEC Medical
- 2019 Forensic Aspects of Life Care Planning – Inst. of Rehab. Educ. and Training (IRET)
- 2019 Life Care Plan Peer Reviewed Work Sample – IRET
- 2019 Connecting Foods with Pain Symptoms – Academy of Integrative Pain Management
- 2019 Medical and Psychosocial Aspects of Life Care Planning for Spinal Cord Injury - IRET
- 2019 Medical and Psychosocial Aspects of Life Care Planning for Amputations - IRET
- 2018 Integrated Treatment of Pain and PTSD – Academy of Integrative Pain Management
- 2018 Cognitive Demands Analysis (CDA) Certificate Program – Gowan Consulting

2018 Frontiers in the Treatment of Trauma - Nat. Inst. for the Clinical App. of Behavioral Med.
2018 Teaching Clients Diaphragmatic Breathing – Changeways Clinic
2017 Violence Prevention – Vancouver Coastal Health
2017 Professional Orientation to Life Care Planning - IRET
2017 Medical and Psychosocial Aspects of Life Care Planning with Traumatic Brain Inj. - IRET
2017 Medical and Psychosocial Aspects of Life Care Planning with Multiple Disabilities - IRET
2017 Progressive Goal Attainment Program (PGAP) Certification: PGAP Works
2017 Changeways Core Depression Therapy Certificate Program – Changeways Clinic
2017 Prevention of Chronic Pain: A Human Systems Approach Cert. – University of Minnesota
2017 Fundamentals of Traumatic Brain Injury – Relias Continuing Education
2017 Concussion Awareness Training Tool - The BC Injury Research and Prevention Unit
2016 Overdose Prevention and Naloxone Training – Vancouver Coastal Health
2016 Quality Academy Graduate – BC Patient Safety and Quality Council
2015 Risk Assessment & Management of Suicide Risk & Related Issues - Vancouver Coastal Health
2013 Core Addiction Practice – Vancouver Coastal Health
2012 Cognitive Processing Therapy (CPT) for PTSD Certification - Medical University of Southern Cal.
2012 Assessment of Motor and Process Skills (AMPS) Certification - AMPS International
2011 Indigenous Cultural Competency Certificate – PHSA/Aboriginal Health Program
2010 Critical Incident Stress Management Certification – Justice Institute of BC
2009 Treating Complex Psychological Trauma within a Recovery Framework – Vancouver Coastal
2006 Non-Violent Crisis Intervention – Vancouver Coastal Health
2006 Substance Use Counselling Certification – Justice Institute of British Columbia
2006 Changeways Panic Disorder and Relaxation Treatment Certificate – Changeways Clinic
2005 Child Sexual Abuse Intervention Certification – Justice Institute of British Columbia
2003 Changeways Core Depression Therapy Certificate Program – Changeways Clinic