

**Lauren Hamilton**  
**MSc.OT, Reg. OT (BC)**  
**Occupational Therapist**

Suite 531 – 224 West Esplanade, North Vancouver, B.C. V7M 1A4  
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**FORMAL EDUCATION**

MSc.OT	Master's of Science in Occupational Therapy University of Alberta, Faculty of Rehabilitation Medicine	October 2019
B.S.W.	Bachelor of Social Work University of British Columbia	May 2016

**MEMBERSHIPS**

- Canadian Association of Occupational Therapists (CAOT)
- College of Occupational Therapists of BC (COTBC)
- International Association of Rehabilitation Professionals (IARP)

**CERTIFICATIONS/TRAINING**

- Progressive Goal Attainment Program (PGAP), 2021
- Roy Matheson Education & Training Solutions LLC trained for Functional Capacity Evaluations (FCE), 2021
- JTECH Medical trained in Functional Testing, Evaluation, & Assessment for Functional Capacity Evaluations (FCE), 2021

**PROFESSIONAL EXPERIENCE**

**Turning Point Rehabilitation Consulting Inc.**, N. Vancouver, BC

*Occupational Therapist*

2019 - Present

Assistant & Contractor

2016 – 2018

- Community occupational therapist working in areas of mental health, cognitive rehabilitation, vocational rehabilitation, pain management, and home health
- Administers functional assessments to develop client-centred treatment programs and works collaboratively with clients to achieve goals

**Millard Health (Return to Work Complex Program)**, Edmonton, AB      September 2019 – October 2019

*Practicum Student*

- Implemented Manual Handling Programs to promote increased strength and positional tolerances for a sustainable return to employment and function in Activities of Daily Living
- Provided education about chronic pain and pacing techniques to clients to facilitate an increased understanding of their condition, pain responses, and coping strategies
- Completed a Functional Capacity Evaluation and report to assess the client's current functional tolerances and abilities in relation to their Date of Accident employment position

**Alberta Hospital Edmonton – Forensic Psychiatry**, Edmonton, AB

July 2019 – August 2019

*Practicum Student*

- Completed functional assessments such as the Allen Cognitive Level Screen, Independent Living Scales, and Routine Task Inventory to support recommendations made in discharge reports for placement, community supports, and referrals to promote a successful discharge
- Developed rapport with clients in programs (one-on-one and in group settings) to facilitate engagement in prosocial occupations, socialization, and to encourage constructive productivity and leisure time
- Collaborated with the interdisciplinary team and provided clinical information from the OT perspective
- Utilized the Risk-Need-Responsivity model and Recovery model in clinical practice

**Capital Care Grandview Post-Acute Orthopaedics, Edmonton, AB** January 2019 – February 2019  
*Practicum Student*

- Screened for cognitive impairments and driving ability through administering the MOCA and SIMARD
- Completed initial assessments to assess transfers, ADLs, and social history upon intake
- Practiced safe bed mobility, transfers, and ADLs with clients ensuring adherence to weight-bearing status and movement precautions
- Organized equipment needs through HELP to ensure a successful discharge home

**Stollery Children’s Hospital - Pediatric Outpatient Program, Edmonton, AB** May 2018 – June 2018  
*Practicum Student*

- Completed torticollis assessment and treatment, clubfoot assessments using the Ponsetti Method, and head-shape assessments while maintaining a family-centred approach
- Conducted intake assessments for plastics clinic and provided treatment by fabricating splints for conditions such as mallet finger, volar plate injury, and proximal phalanx fractures
- Provided effective and clear education to clients and their families regarding scar management, splint wear and care, wound care, and positioning techniques for plagiocephaly and brachycephaly

**CONTINUING EDUCATION**

- 2022 Gowan Consulting Hybrid Office Ergonomics
- 2022 CAOT: Foundations in Brain Injury Rehabilitation: Mild to Moderate Severity (24 hours)
- 2021 CAOT Workshop: Acceptance & Commitment Therapy (16 Hours)
- 2021 Progressive Goal Attainment Program (17 Hours)
- 2021 JTECH Medical Functional Testing, Evaluation, Assessment (11 hours)
- 2021 Matheson Functional Capacity Evaluation Course (30 Hours)
- 2021 Montreal Cognitive Assessment Certification
- 2021 Canadian Centre for Occupational Health and Safety Office Ergonomics Course
- 2021 UBC CPD: Post-Traumatic Stress & Anxiety Symptoms Post-MVC
- 2020 14<sup>th</sup> Annual Pain Society of Alberta Conference
- 2020 SAOT Chronic Pain Workshop (6 hours)
- 2020 SAOT Recovery from Pain Webinar
- 2020 Neil Squire – The Spoon Theory & Creating a Wellness Action Plan Webinar
- 2020 CAOT Webinar: Innovative Pacing & Planning Techniques Following Concussion/mTBI
- 2020 CAOT Workshop: Foundations in Mental Health & Well-Being (16 hours)
- 2020 CADTH Webinar: Chronic Pain Non-Pharmacological Interventions for Non-Cancer Pain
- 2020 CAOT Workshop: Coaching for Return to Work: Tools for OTs to Empower Clients

- 2020 CAOT Webinar: Exposure Therapy Pathway for Anxiety Management
- 2020 Vestibular Health Summit
- 2020 IARP Webinar: 6 Apps for Executive Functioning
- 2020 IARP Webinar: Pediatric Acquired Brain Injuries
- 2020 Pain BC Gentle Movement and Relaxation Program
- 2020 Pain BC Conference: Best Practice Pain Management for Occupational Therapists
- 2019 Pain BC: The Pain Foundations Course Series (10 hours)
- 2019 TLABC: Navigating the New Medical-Legal Landscape
- 2019 Alberta Health Services: Trauma Informed Care Certificate
- 2019 Gentle Persuasive Approaches